



REWARDS FOR WELLNESS



Earn Up to \$200 in Co-Share Credits!*

Blood Pressure and Body Mass Index Screenings



Blood Pressure and Body Mass Index Screenings can be obtained at the 2016 Health Fairs (held between September 12, 2016 and November 10, 2016 at various state agency locations), or at your physician's office.

Obtain a blood pressure screening at a Health Fair, that is less than 140/90, or consult with your physician to create a treatment plan and submit a signed Physician Blood Pressure Screening Form to UnitedHealthcare between September 1, 2016 and January 31, 2017 to earn **\$100** in co-share credits. Obtain a Body Mass Index (BMI) screening at a Health Fair or in your physician's office, and earn a **\$50** co-share credit. Earn an additional **\$50** co-share credit with a BMI of less than 30 or participate in an approved program and submit a completed BMI Screening and Co-Share Incentive Form to UnitedHealthcare by March 31, 2017. The Physician Blood Pressure Screening, BMI Screening, and Co-Share Incentive forms are available at www.wellness.ri.gov.

If you obtain your BMI or blood pressure screenings at your physician's office, the screenings must occur during the time of offer (September 1, 2016 – March 31, 2017 for BMI; September 1, 2016 – January 31, 2017 for blood pressure) in order to receive the co-share credits.



*All State of Rhode Island employees are eligible to participate in Rewards for Wellness programs and screenings, but only employees who are paying the State employee medical co-shares that are posted www.employeebenefits.ri.gov are eligible to receive co-share credit incentives.

